Appetizers

Spring roll (vegetarians)	\$2.00	Deep Fried Wontons	\$12.00
Deep Fried Chicken Wings	\$15.00	BBQ Pork Slices	\$14.00
Honey garlic wings	\$17.00		

Chef's Specialties

Deep Fried Almond Prawns (with s & s sauce)	\$25.00 Szechuan Chicken		\$17.00
Szechuan Shrimps (Spicy)	\$25.00	Stuffed eggplants w/ black bean sauce	\$25.00

Soup	Small	Large	Hot Pot	
Wonton Soup	\$9.00	\$18.00	\$18.00 Beef with Oyster Sauce Hot Pot	
Wor Wonton Soup (added chickens and shrimps)	\$12.00	\$19.00	\$19.00 J & A Hot Pot (meat,shrimp & vegie)	
Hot & Sour Soup	\$13.00	\$19.00	\$19.00 Chicken OR Beef Onion Hot Pot	
Seafood bean cake soup	\$14.00	\$19.00	19.00 Fish Hot Pot	
Fish Maw Soup	\$18.00	\$28.00	Shrimp Balls Hot Pot (comes with vegetables please notify us if you would like to have with noodle)	\$26.00

Seafood

Scallops OR Shrimps Satay (Spicy)	\$25.00	Deep Fried Shrimps (Sweet & Sour Sauce)	
Scallops OR Shrimps with Fresh Tomato	\$25.00	Scallops OR Shrimps with Curry	\$25.00
Peppercorn Shrimps	\$26.00	J & A Style Shrimps OR Scallops (Spicy)	\$26.00
Peking style fish slices	\$23.00	Peppercorn seafood	\$26.00

Chicken

Chicken diced vegetable with Almonds OR Cashews		Chicken with Black Bean Sauce	\$16.00
Chicken with Curry Sauce	icken with Curry Sauce \$16.00		\$18.00
Chicken Balls with Sweet & Sour sauce	\$16.00	Lemon Chickens	\$17.00
Chicken with Mushrooms	\$17.00	Chicken with Satay Sauce (Spicy)	\$16.00
BBQ Chicken (half, crispy)	\$18.00	Almond Soo Gai	\$17.00
J&A Peking chicken (Half, crispy with peking sauce on the side)			\$20.00

Beef

Beef with Curry Sauce	\$17.00	Beef with Fresh Tomato OR Broccoli	\$17.00
Ginger beef	\$17.00	Beef with Gailan (Chinese Broccoli)	\$19.00
Beef with Satay Sauce (Spicy)	\$17.00		

Pork & Spareribs

Sweet & Sour Lean Porks	\$14.00	Dry Garlic Spareribs	\$16.00
Sweet & Sour Spareribs	\$14.00	Honey Garlic Spareribs	\$17.00
Peking Pork Chop	\$18.00	Peppercorn pork chop	\$18.00
Peppercorn ribs	\$18.00		

Vegetables/ChopSuey

Chicken OR Beef Mixed Vegetables	\$16.00	Stir Fried Vegetable Dish (vegetarians)	\$16.00	
Chinese Mixed Vegetables (vegetarians)	\$14.00	14.00 BBQ Sliced Pork Mixed Vegetables		
Special Mixed Vegetables	\$18.00	\$18.00 Mapo tofu		
Shrimp Mixed Vegetables	\$19.00	Peppercorn Tofu (vegetarians)	\$16.00	
Broccoli with garlic	\$15.00	Gailan (chinese broccoli) with garlic	\$17.00	

Chow Mein/Lo Mein/Chow Fun

Shanghai Noodlos (hig noodlo brown)	\$16.00	Vegetables Cantonese	\$16.00	
Shanghai Noodles (big noodle, brown)	\$10.00	chow mein OR low mein (vegetarians)	\$16.00	
Beef OR chicken OR bbq pork	\$16.00	Singapore noodles (skinny noodle with	¢1C 00	
chow fun (DRY)	\$10.00	curry)	\$16.00	
Beef OR chicken OR bbq pork	\$16.00	Beef OR chicken OR bbq pork Cantonese	\$16.00	
black bean sauce chow fun (WET)	\$10.00	chow mein OR low mein		
Seafood Cantonese chowmein OR	\$20.00	Special Cantonese chowmein OR	\$17.00	
lowmein OR chowfun (WET)	\$20.00	lowmein OR chowfun (WET)	\$17.00	
Beef OR chicken OR bbq pork	\$16.00	Shrimp Cantonese	\$19.00	
chow fun (WET)	\$10.00	chow mein OR low mein	\$19.00	

Note: Chowmein is crispy noodle, Lowmein is soft noodle.

Egg Foo Young

Beef OR BBQ Pork Foo Young	\$14.00	Vegetables Foo Young (vegetarians)	\$13.00
Special J & A Foo Young	\$14.00	Shrimp OR Chicken Foo Young	\$14.00

Fried Rice

Chicken OR Beef Fried Rice	\$13.00	\$13.00 Plain Fried Rice (vegetarians)		
BBQ Pork Fried Rice	\$13.00	Vegetable Fried Rice (vegetarians)	\$13.00	
Shrimp Fried Rice	\$14.00	\$14.00 Mushroom Fried Rice (vegetarians)		
Special J & A's Fried Rice	\$14.00	Yang Chow Fried Rice	\$14.00	

Beverages

Non - alcohol beverages			Alcohol	beverages	
Pop/ Chinese Tea	\$2.00	Beer			\$7.00
Vietnamese coffee	\$4.00		Glass	½ Liter	1 Liter
Bubble Tea	\$5.00	Wine	\$7.00	\$16.00	\$30.00



Sweet&Sour lean pork

stuffed eggplant with black bean sauce

Ginger beef







Almond Soo Gai

Shrimp with fresh tomatos





BBQ CHICKEN J & A STYLE SPICE WITH SAUCE

shanghai noodle

beef chowfun with black bean sauce







Peppercorn shrimp with shalls

Singapore noodle with curry

Seafood hotpot







bubble tea

beef with kailan

Szechuan chicken

Photo shown for references only

Special Combination Dinners

Dinner for One - \$17.00

Spring roll **OR** Wonton Soup

Beef Mixed Vegetables

Chicken Fried Rice

Sweet & Sour Chicken Balls

Dinner for Two - \$ 34.00

Two spring rolls

Wonton Soup

Beef Mixed Vegetables

Chicken Fried Rice

Sweet & Sour Lean Porks

Dinner for Three - \$ 50.00

Three spring rolls

Wonton Soup

Sweet & Sour Lean Porks

Beef Mixed Vegetables

Chicken Fried Rice

Deep Fried Breaded Shrimps.

Dinner for Four - \$ 69.00

Four spring rolls

Wonton Soup

Sweet & Sour Lean Porks

Beef Mixed Vegetables

Deep Fried Breaded Shrimps

Chicken Diced Vegetable with Almonds

Chicken Fried Rice

Dinner for Six - \$ 98.00

Six spring rolls

Wonton Soup

Lemon Chickens

Beef Mixed Vegetables

Deep Fried Breaded Shrimps

Sweet & Sour Lean Porks

Chicken with Black Bean Sauce

Chicken Fried Rice

Deluxe Dinner for Eight - \$135.00

Eight Spring rolls Wontons soup Shanghai noodles

Lemon chickens Ginger beef Chicken balls

Deep fried shrimps Beef vegetables Chicken Fried Rice

Peking style fish slices

Dinner for 10 or more - \$18.00/person

J& A Restaurant

2201 11st Avenue, Regina, Sask, S4P 0J8

(Across from The Bay, basement)

2: 306-757-2288



Business Hours

Monday - Sunday

①: From 11 a.m to 9 p.m

Dine in - Take out - Delivery