Appetizers

Spring roll	\$1.75	Deep Fried Wontons	\$11.00
Deep Fried Chicken Wings	\$14.00	BBQ Pork Slices	\$12.00
Honey garlic wings	\$16.00		

Chef's Specialties

Deep Fried Almond Prawns (with s & s sauce)	\$24.00	Szechuan Chicken	\$16.00
Szechuan Shrimps (Spicy)	\$24.00	Stuffed eggplants w/ black bean sauce	\$24.00

Soup	Small	Large	Hot Pot	
Wonton Soup	\$8.00	\$16.00	Beef with Oyster Sauce Hot Pot	\$19.00
Wor Wonton Soup (added chickens and shrimps)	\$10.00	\$18.00	J & A Hot Pot	\$19.00
Hot & Sour Soup	\$12.00	\$18.00	Chicken OR Beef Onion Hot Pot	\$19.00
Seafood bean cake soup	\$13.50	\$19.00	\$19.00 Fish Hot Pot	
Fish Maw Soup	\$16.00	\$25.00	Shrimp Balls Hot Pot	\$25.00

Seafood

Scallops OR Shrimps Satay (Spicy)	\$25.00	5.00 Deep Fried Shrimps (Sweet & Sour Sauce)			
Scallops OR Shrimps with Fresh Tomato	\$23.00	23.00 Scallops OR Shrimps with Curry			
Peppercorn Shrimps	\$25.00	J & A Style Shrimps OR Scallops (Spicy)	\$25.00		
Peking style fish slices	\$22.00	Peppercorn seafood	\$25.00		

Chicken

Chicken diced vegetable with Almonds OR Cashews		Chicken with Black Bean Sauce	\$15.00
Chicken with Curry Sauce \$15.00		Peppercorn wings	\$17.00
Chicken Balls with Sweet & Sour sauce	\$15.00	Lemon Chickens	\$16.00
Chicken with Mushrooms	\$16.00	Chicken with Satay Sauce (Spicy)	\$1500
BBQ Chicken (half, crispy) \$17.00		Almond Soo Gai	\$16.00
J&A Peking chicken (Half, crispy with peking sauce on the side)			\$19.00

Beef

Beef with Curry Sauce	\$16.00	Beef with Fresh Tomato OR Broccoli	\$16.00	
Ginger beef	\$16.00 Beef with Gailan (Chinese Broccoli)		\$18.00	
Beef with Satay Sauce (Spicy)	\$17.00	Beef Stew	\$19.00	

Pork & Spareribs

Sweet & Sour Lean Porks	\$13.00	Dry Garlic Spareribs	\$15.00
Sweet & Sour Spareribs	\$13.00	Honey Garlic Spareribs	\$16.00
Peking Pork Chop	\$17.00	Peppercorn pork chop	\$17.00
Peppercorn ribs	\$17.00		

Vegetables/ChopSuey

Chicken OR Beef Mixed Vegetables	\$15.00	\$15.00 Stir Fried Vegetable Dish (vegetarians)		
Chinese Mixed Vegetables (vegetarians)	\$13.00	BBQ Sliced Pork Mixed Vegetables		
Special Mixed Vegetables	\$17.00	Mapo tofu	\$16.00	
Shrimp Mixed Vegetables	\$18.00	Peppercorn Tofu (vegetarians)	\$15.00	
Broccoli with garlic	\$14.00	Gailan (chinese broccoli) with garlic	\$16.00	

Chow Mein/Lo Mein/Chow Fun

Changhai Naadlas (big naadla braum)	\$15.50	Vegetables Cantonese	\$15.00	
Shanghai Noodles (big noodle, brown)	\$15.50	chow mein OR low mein (vegetarians)		
Beef OR chicken OR bbq pork	\$15.50	Singapore noodles (skinny noodle with	\$15.00	
chow fun (DRY)	313.30	curry)	\$13.00	
Beef OR chicken OR bbq pork	\$15.50	Beef OR chicken OR bbq pork Cantonese	\$15.50	
black bean sauce chow fun (WET)	313.30	chow mein OR low mein	\$15.50	
Seafood Cantonese chowmein OR	\$18.00	Special Cantonese chowmein OR	\$16.50	
lowmein OR chowfun (WET)	318.00	lowmein OR chowfun (WET)	\$10.50	
Beef OR chicken OR bbq pork	\$15.50	Shrimp Cantonese	\$18.00	
chow fun (WET)	\$13.30	chow mein OR low mein	710.00	

Note: Chowmein is crispy noodle, Lowmein is soft noodle.

Egg Foo Young

Beef OR BBQ Pork Foo Young	\$13.00	Vegetables Foo Young (vegetarians)	\$12.00
Special J & A Foo Young	\$14.00	Shrimp OR Chicken Foo Young	\$14.00

Fried Rice

Chicken OR Beef Fried Rice	\$12.00	\$12.00 Plain Fried Rice (vegetarians)	
BBQ Pork Fried Rice	\$12.00	Vegetable Fried Rice (vegetarians)	\$12.00
Shrimp Fried Rice	\$13.00 Mushroom Fried Rice (vegetarians)		\$12.00
Special J & A's Fried Rice	\$13.00	Yang Chow Fried Rice	\$13.00

Beverages

Non - alcohol beverages		Alcohol beverages			
Pop/ Chinese Tea	\$2.00	Beer			\$7.00
Vietnamese coffee	\$4.00		Glass	½ Liter	1 Liter
Bubble Tea	\$5.00	Wine	\$7.00	\$16.00	\$30.00





Ginger beef



Sweet&Sour lean pork



stuffed eggplant with black bean sauce



Photo shown for references only

Special Combination Dinners

Dinner for One - \$16.00

Spring roll **OR** Wonton Soup

Chinese Mixed Vegetables

Chicken Fried Rice

Sweet & Sour Chicken Balls

Dinner for Two - \$ 32.00

Two spring rolls

Wonton Soup

Beef Mixed Vegetables

Chicken Fried Rice

Sweet & Sour Lean Porks

Dinner for Three - \$ 46.00

Three spring rolls

Wonton Soup

Sweet & Sour Lean Porks

Beef Mixed Vegetables

Chicken Fried Rice

Deep Fried Breaded Shrimps.

Dinner for Four - \$ 62.00

Four spring rolls

Wonton Soup

Sweet & Sour Lean Porks

Beef Mixed Vegetables

Deep Fried Breaded Shrimps

Chicken Diced Vegetable with Almonds

Chicken Fried Rice

Dinner for Six - \$ 92.00

Six spring rolls

Wonton Soup

Lemon Chickens

Beef Mixed Vegetables

Deep Fried Breaded Shrimps

Sweet & Sour Lean Porks

Chicken with Black Bean Sauce

Chicken Fried Rice

Deluxe Dinner for Eight - \$130.00

Eight Spring rolls Wontons soup Shanghai noodles

Lemon chickens Ginger beef Chicken balls

Deep fried shrimps Beef vegetables Chicken Fried Rice

Peking style fish slices

Dinner for 10 or more - \$16.00/person

J& A Restaurant

2201 11st Avenue, Regina, Sask, S4P 0J8

(Across from The Bay, basement)

2: 306-757-2288

Business Hours

Monday - Sunday

(b): From 11 a.m to 9 p.m

Dine in - Take out - Delivery